

# Thrombolytic, Anticoagulant Activity and Cytotoxic Effect of Carbon Nanoparticles from *Vitis Vinifera* Seeds and its Polymer Nanocomposite

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Nanotechnology is an emerging field of research that involves using nanoparticles to benefit humankind. Carbon nanoparticles have various properties that can be used in medicine. Their anticoagulant and thrombolytic properties can be used to make drugs that prevent vascular diseases like myocardial infarction, pulmonary thromboembolism, stroke, etc. Exposure to these carbon nanoparticles can be hazardous to humans and the environment, so their cytotoxicity should also be investigated. Green synthesis of these nanoparticles is preferred because they involve fewer toxic chemicals and cheap materials for their synthesis. Grapes (*Vitis vinifera*) are used for the synthesis of CNPs. The objective of the study is to assess the anticoagulant, thrombolytic, and cytotoxic properties of carbon nanoparticles from *Vitis vinifera* seeds and their nanocomposite. Their anticoagulant and thrombolytic properties are checked by observing their effect on human blood samples. The cytotoxic effect of the carbon nanoparticles is assessed using a brine shrimp lethality assay. Results from anticoagulant assay showed dose-dependent effects of carbon nanoparticles. Thrombolytic assay showed carbon nanoparticles showed a similar effect to the control. A brine shrimp lethality assay is performed to see their cytotoxicity. Results of these assays showed lethality of brine shrimps increased with an increase in their concentrations. Carbon nanoparticles showed less toxicity at the concentration of 40 and 80 µg/ml. From this study, we could conclude that carbon nanoparticles have potent anticoagulant and thrombolytic properties with less toxicity.

**Keywords:** Anticoagulant, brine shrimp, cytotoxic effect, carbon nanoparticles, thrombolytic, *Vitis vinifera*.

## 1. Introduction

Nanotechnology is a newly emerging and growing field of research that offers new technologies. Nanotechnology refers to using materials that are in nano size ranging from 1 to 100 nm. Nanoparticles exhibit various properties due to their small size. Nanoparticles fall into three categories: natural, engineered, and incidental (Fiorito et al., 2006). Their nano size, high surface area, and surface properties are giving them their biological applications. Their safety should also be evaluated (Zakrzewska et al., 2015). The application of nanoparticles in medicine is termed nanomedicine. Studies have shown that nanoparticles have potential effects in reducing cardiovascular diseases. These nanoparticles have also been reported to have cell toxicity (LeCroy et al., 2016).

Carbon nanoparticles (CNPs) are one of the most important nanoparticles due to their useful properties. These particles can be obtained from natural sources. They have been utilized in bioimaging, biosensing, drug delivery, etc., due to their biocompatibility (Lee et al., 2020). CNPs have biomedical properties as a drug carrier through intravenous injection (Tang et al., 2012). CNPs have attracted many researchers in recent decades. These nanoparticles can be obtained from natural sources (Varghese et al., 2013). Green synthesis of these particles reduces the use of solvents, chemicals, and other raw materials. Green synthesis is a stable, reliable, and environmentally friendly method for the synthesis of these nanoparticles. So, green synthesis is better and safer for the synthesis of nanoparticles (Barabadi et al., 2023). Due to various applications of nanoparticles, the exposure to nanoparticles is increased. The studies on the toxicity of these substances are also very few. So, a study on their toxicity is also needed (Jia et al., 2005).

Thrombosis and thromboembolism are the common causes of mortality and morbidity in developed and developing countries. It creates a burden on the health and economical status of patients. This condition requires early diagnosis. The treatment is also very limited. Traditional thrombolytics have a short half-life and they easily get degraded. Thrombosis is related to cardiovascular diseases and lifestyle (Russell et al., 2022). Antiplatelet and anticoagulant drugs are playing a major role in medicine (Bijak et al., 2019). These drugs are efficient but their life-threatening side effects are also documented. So, many researchers are going on to develop natural alternatives. Plants can be used for isolating these natural compounds with least to no side effects. Many studies showed that a polyphenol-rich diet improved vascular health and reduced the risk of vascular diseases. One such polyphenol-rich plant is grapes (*Vitis vinifera*). It has been eaten as food for centuries and is known to possess medicinal effects (Hassan et al., 2020). Grapes were used in ancient times for curing cardiovascular diseases, controlling cholesterol levels, and controlling high blood pressure. Grape seed extracts are also said to have anticoagulant effects due to being rich in polyphenols. Polyphenols do it by increasing the prothrombin time (Hussein et al., 2021). Grape seeds are a good potent reducing agent. The chemicals present in grapes are also safe for the environment (Vinayagam et al., 2017; Kanniah et al., 2020).

The objective of the study is to assess the anti-coagulant and thrombolytic properties of CNPs from *Vitis vinifera* and its nanocomposite to check its cytotoxicity. The anticoagulant effect is assessed by seeing the effect of CNPs suspension on human blood. Thrombolytic activity is assessed by seeing its effect on clotted blood. The cytotoxicity is assessed by brine shrimp

lethality assay. This study helps to develop an efficient and less toxic drug for vascular diseases like myocardial infarction and stroke.

## 2. Materials and Methods:

### Preparation of Carbon Nanoparticles:

Vitis vinifera seeds were washed using distilled water then dried and then powdered. Then 5g of Vitis vinifera seeds powder is mixed in distilled water of 100 ml and then boiled with the heating mantle. At 700 volts the microwave oven is utilized to synthesize carbon nanoparticles utilizing a crucible. The effluent that is settled in the crucible was pounded well into a fine powder. The powder was then combined with distilled water and placed in a sonicator for 10 minutes. Carbon nanoparticles are kept in a hot air oven for drying and used for further studies. Chitosan of 500g was added along with 1 mL glacial acetic acid to distilled water of 49 mL. The solution was placed in a magnetic stirrer till the solution became a clear solution. 0.2g in 3 ml of chitosan were combined and placed in the sonicator for 15 minutes.

### Anticoagulant Activity:

The anticoagulant ability of carbon nanoparticles is evaluated by performing assays on freshly taken human blood samples at normal room temperature for performing this assay carbon nanoparticles (concentration 50 µg/mL) of 1 mL as the suspension is mixed with fresh human blood of 1 mL (vial B) and another blood of 10mL without adding anything was taken as control (vial A). These two blood samples were kept for observation for one hour at room temperature for any notable changes (Aina et al., 2019; Dinesh et al., 2021).

### Thrombolytic Assay:

A drop of blood was collected in the sterile glass slide and incubated at room temperature for 45 minutes. After clotting blood, the carbon nanocomposite solutions were added in different concentrations (10, 20, 30, 40, 50 µg/ml). The control group only has blood. The glass slide is then kept in incubation at room temperature for 90 minutes, the time was noted for incubation hours to observe the clot lysis (Tabassum et al., 2017; Rifaath et al., 2023; Abitha et al., 2019).

### Cytotoxic Effect:

#### Brine Shrimp Lethality Assay:

2 grams of non-iodized salt was made to dissolve in 200 ml of distilled water and then saline water of 10 to 12 ml was added onto ELISA plates with 6 wells. Then 10 nauplii were added gently to each well (5, 10, 20, 40, and 80 µg/mL). Then carbon nanoparticles were added according to concentration level and left for incubation for 24 hours. After incubating for 24 hours number of nauplii present in ELISA plates was counted and calculated by using the equation,

Number of dead nauplii / number of dead nauplii + number of live nauplii × 100

### 3. Results and Discussion:

Figure 1: Visual representation of step-by-step processes for synthesizing carbon nanoparticles from *Vitis vinifera* and its nanocomposite.

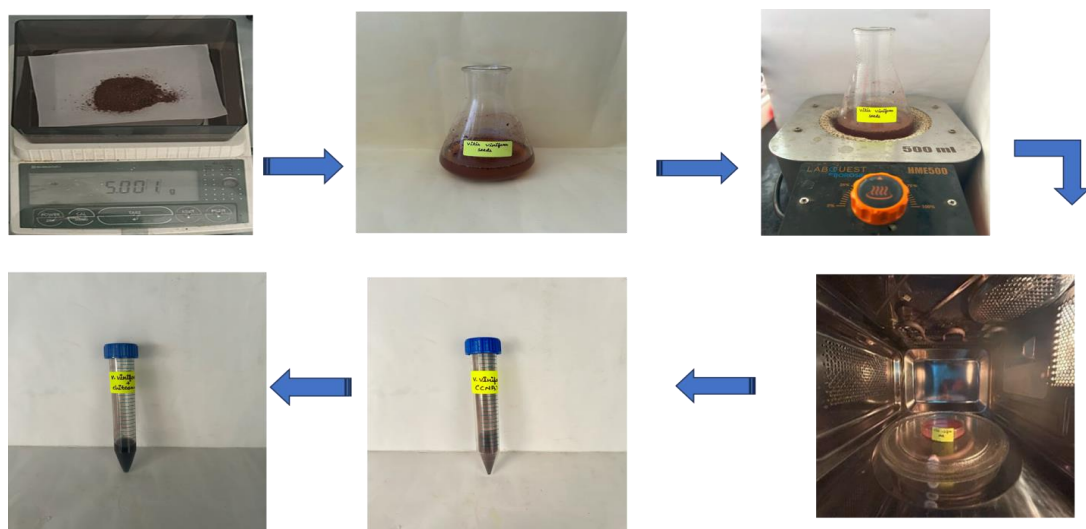
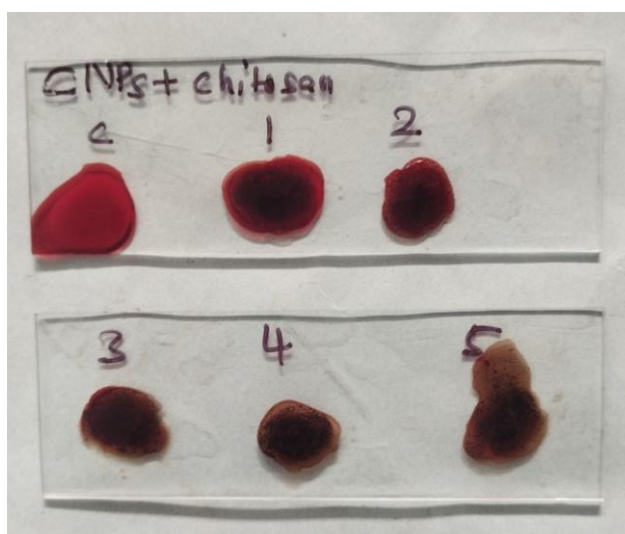


Figure 2: Thrombolytic activity of chitosan incorporated carbon nanocomposite in different concentrations.



The overall synthesis of the CNPs is represented in Figure 1. Thrombolytic activity of carbon nanoparticles on human blood samples. We could visually see control being coagulated and the blood sample with carbon nanoparticles is not coagulated and we can observe the anticoagulant activity of carbon nanocomposite is concentration dependent as shown in Figure 2 and graphical representation in Figure 3.

Figure 3: Graphical representation of the thrombolytic activity of carbon nanocomposites.

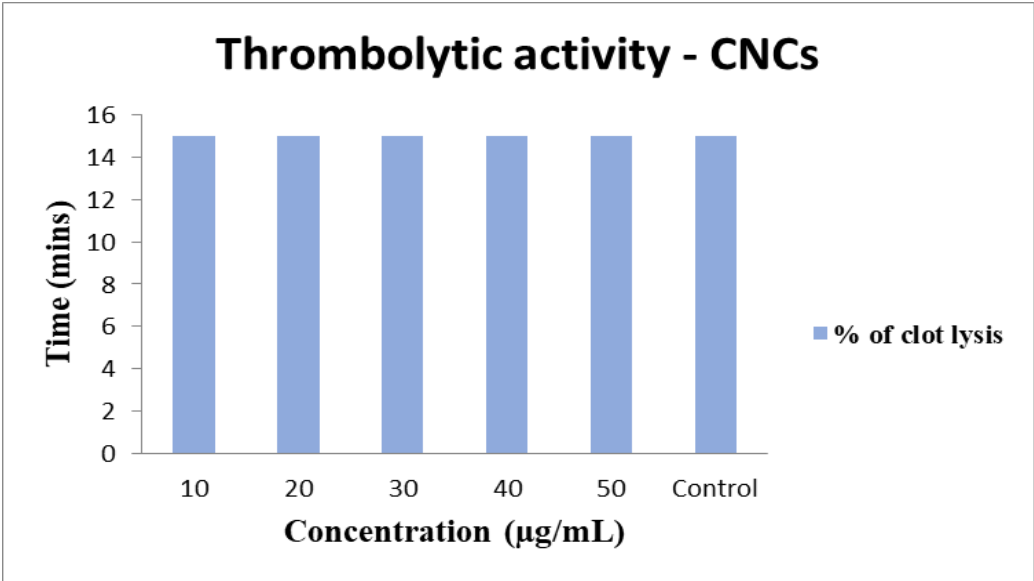
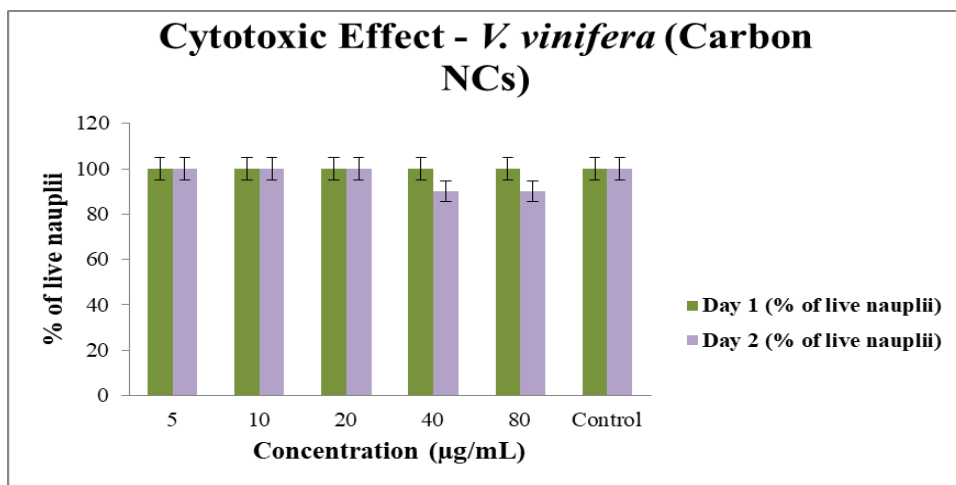


Figure 4: Anticoagulant activity of *Vitis vinifera* mediated carbon nanocomposites.



The thrombolytic activity of carbon nanoparticles is assessed by seeing its effect on human blood samples. Carbon nanocomposites with various concentrations (10µg/ml, 20µg/ml, 30µg/ml, 40µg/ml, 50µg/ml) exhibited same thrombolytic activity as control. It is observed that CNPs have great potential in the lysis of blood samples which can be further developed into therapeutic drugs to prevent clot lysis. The anticoagulant activity of carbon nanoparticles is assessed by testing them on human blood samples and comparing them with control. In Figure 4 we were able to visually appreciate clot lysis by *Vitis vinifera* carbon nanoparticles and its chitosan nanocomposite compared to control.

Figure 5: Cytotoxic effect of chitosan incorporated carbon nanocomposites at different concentrations using brine shrimp lethality assay.



The cytotoxicity of carbon nanoparticles is assessed by performing a brine shrimp lethality assay. Some nauplii alive and dead are counted and the percentage of live nauplii is calculated. In control 100 percent of nauplii are alive. At 5 µg/mL, 100 percent of nauplii are alive on both day one and day two. At 10 µg/mL, 100 percent of nauplii are alive on both day one and day two. At 20 µg/mL, 100 percent of nauplii are alive on both day one and day two. At 40 µg/mL, 100 percent of nauplii are alive on day one, and 90 percent of nauplii are alive on day 2. At 80 µg/mL 100 percent of nauplii are alive on day one and 90 percent of nauplii are alive on day 2 as represented graphically in Figure 5. This demonstrates the potential cytotoxicity of carbon nanoparticles at higher concentrations.

#### 4. Discussion:

The synthesis of carbon nanoparticles from *Vitis vinifera* seeds was successful. The thrombolytic and anticoagulant activity of carbon nanoparticles was evident through the assays performed in freshly collected human blood samples. It exhibited concentration-dependent thrombolytic activity. It also exhibited cytotoxicity at higher concentrations. It was evident through the brine shrimp lethality assay. In a previous study conducted by Ju Yi Mao et al., the anticoagulant property of alginate-based carbon nanoparticles was studied. They exhibited potent anticoagulant activity by inhibiting thrombin (Abitha et al., 2019). In a previous study done by Farzaneh et al., the toxicity of single-walled and multi-walled carbon nanotubes were tested against brine shrimps. They showed potent cytotoxicity. Their effect is concentration-dependent (Mao et al., 2019). In comparison, in a study conducted by Jessica et al., the cytotoxic properties of multiwalled carbon nanotubes on the *Danio rerio* and *Artemia salina* were studied. The multi-walled carbon nanotubes exhibited potential cytotoxicity (De Souza et al., 2024). In a study conducted by (Cheng et al., 2009) the carbon nanoparticle cytotoxic effect is evaluated by performing cell assays. They noted the cytotoxicity of carbon nanoparticles is understood by high-resolution imaging. Plants *Allium sativum*, *Cucurma longa*, *Ananas comosus*, and *Lycopersicon esculentum* were tested in vitro, using Heparin and

water as controls. Plants exhibited clot lysis percentages of 18.30%, 21.77%, 21.85%, 35.91%, 15.67%, and 24.52%. Only *C. longa* peel extracts and *L. esculentum* demonstrated clot lysis, surpassing the negative control. *C. longa* peels shown a greater proportion of clot lysis as compared to Heparin. The one-way ANOVA analysis revealed a p-value of 0.674574 for the clot lysis activity of all plant extracts. The cytotoxicity of herbal plants was assessed using the brine shrimp lethality test (BSLA), which has less toxicity (Somasundaram et al., 2023).

An in vitro thrombolytic model of water, methanol, and chloroform extracts showed  $51.76 \pm 2.5\%$ ,  $58 \pm 2.32$ , and  $18 \pm 1.84$  clot lysis, respectively. The positive control Streptokinase showed  $79.6 \pm 1.10$  while the negative control was minimal ( $2.44 \pm 0.62$ ). The aqueous, methanol, and chloroform extracts killed brine shrimp with LC<sub>50</sub> values of 40 µg/ml, 30 µg, and 104 µg/ml, respectively. *T. angustifolia* extracts, both aqueous and methanolic, have shown promise for thrombolytic and cytotoxic effects as per the previous literature (Umesh et al. 2014). In the cytotoxicity test, the sample's LC<sub>50</sub> values were ( $106.41 \pm 0.78$ ) µg/mL, while standard vincristine sulfate had an LC<sub>50</sub> value of ( $08.50 \pm 0.24$ ) µg/mL as a positive control. The extract demonstrated ( $12.86 \pm 1.02\%$ ) clot lytic activity in the thrombolytic assay, while standard streptokinase showed ( $30.86 \pm 0.44\%$ ) clot lytic activity. The assessment of phytochemicals reveals the existence of several chemical components such as alkaloids, flavonoids, glycosides, saponins, and carbohydrates (Mohammad et al., 2013). In this previous study, the purpose of this work was to examine the thrombolytic, anticoagulant, antioxidant, and antitumor properties of ascorbic acid-mediated silver nanoparticles (A-SeNPs). Various analytical methods were employed to look at how A-SeNPs formed. Xanthine oxidase inhibition (XOI), uric acid (UA) degradation assay and MSU crystal dissolution were used to test the nanoparticles' anti-tuberculate capability. Excellent antihyperglycemic action was demonstrated by A-SeNPs in a concentration-dependent manner (Muhammad Aamir et al., 2024)

## 5. Conclusion:

In conclusion, we could conclude that carbon nanoparticles from *Vitis vinifera* have exhibited good anticoagulant and thrombolytic activity. The tests were conducted on freshly collected human blood samples. They exhibited dose-dependent effects. Their cytotoxicity was also assessed in the nauplii of brine shrimp. The result showed dose-dependent cytotoxicity of carbon nanoparticles. From the study, we can say that carbon nanoparticles synthesized from *Vitis vinifera* can be used to develop a novel drug for vascular diseases like myocardial infarction, pulmonary thromboembolism, and stroke. Their dose-dependent cytotoxicity should also be considered. These can be confirmed by further studies.

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