

# PURIFICATION OF GENETIC CENTRE TO REALIZE GOD ACCORDING TO VETHATHIRIAM

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## Abstract

The power to the mind is generated from the meditation to make one go close to the divinity and understand the secrets of nature. Everyone should understand the law of nature in the functioning of everyone. Genetic centre of every living being is functioning as a court of divine justice and it is kingdom of justice, giving appropriate results for every action and thought. The genetic centre is a continuum. It is the treasury of all the secrets of the universe and a divine court of justice. When one gets to know all the truths about the universe and magnetism, then there is no hurting, only harmony, no bad deeds and the man will get empowered with a great personality. The imprints make a man's 'personality'. During the evolutionary process he has knowingly or unknowingly collected blemishes also along with him. Ego, sinful imprints and illusion are the three major blemishes and a man brought these with him. Blemishes = Ego + Sinful imprints + Illusion. That is *Anava*, *Kanma* and *Maya*. Ego and illusions can be solved by understanding and following divinity. One should reduce the mental frequency of mind through mediation to understand the divine principles and its nature. Thought of mind, word and action are the three functions of man. Each action brings a result of pleasure or pain. All these thought, word, action and result are recorded and stored as imprints in the genetic centre. The imprints are reflected as thoughts, and are executed. The cycle continues for entire life period. The stored imprints are called soul. When the result of action is pleasure, the action is considered as good action. If the result of action is pain, the action is bad. The imprints in the genetic centre are classified into two as good imprints and bad imprints. The bad imprints are to be erased and it is called purification of genetic centre.

**Key words:** Genetic centre, Bio-magnetism, Blemishes, imprints, introspection, Consciousness

## Introduction

Man is provided with sixth sense called 'assumption', and he can think rationally. He searched answers for two significant questions. (1) Where from man came? (2) What is his goal of life? In the universe man sees inanimate things and living beings from one sense plant to six senses human being. In every living being genetic centre plays an important role. In this article we know about the genetic centre and its wonderful functions. All physical and mental experiences of living being are recorded and stored in the genetic centre. All the stored imprints are transferred by the genetic centre to the progeny of several subsequent generations. The genetic centre is the archive of all aspects of the personality. Unwanted mental and physical traits can be sublimated by practicing meditation, introspection techniques and awareness. The stored imprints will persist for a long time over many generations.

The sin imprints can be neutralized by three methods which are expiation, superimposition and dissolution. Everyone has the capacity to modify and erase by proper psychic practice and moral behaviour. Saint Thirumoolar says: Mediation and Virtuous way of living help everyone to purify one's genetic centre. By self-correction through introspection one can erase the bad imprints. Every thought will be good and deeds will be good. After purifying the genetic centre eternal wisdom will blossom in man. The realization of divinity is achieved in man. The man becomes impeccably pure. The self-realized man will see divinity in himself and in his

surrounding in anything and everything. Thus, no intention of harming anyone or anything will creep in his mind. This will result in no more imprints and he is now relieved of the pain of rebirth, as he had achieved the purpose of birth in this life. To achieve this let us all practice yoga, meditation and introspection.

### Objectives

- To understand the importance and functions of “Genetic centre”.
- To understand the purification of imprints in the soul.
- To understand life-force particles, bio-magnetism, mind and God.
- To attain perfection of self-consciousness as well as God consciousness.

### Methodology

- Literature review
- Ethical Analysis
- Logical Analysis
- Scientific Analysis

### Divinity as Absolute Space

According to Vethathiri Maharishi (1911-2006), Gravity is the unbounded, divine principle, the primordial state of Universe understood as “God” by philosophers and the founders of all religions. We can only claim to have slight knowledge of the potential of Gravity, such as that it is: Nature, Absolute Space, everlasting, singular, almighty, all-penetrative, thoroughly permeable, highly transparent, imperceptible, dark fluid matter, characterized by quivering kinematic self-compressive, inexhaustible, surrounding pressure, which results in automatic repulsion in its intensification and emerges as the quantized formative dust. Gravity is identified as Unified Force, the source of all forces, with four invisible innate qualities: plenum, force, consciousness and time.

### Difference between inorganic and organic forms

The inanimate forms are emitting magnetism which is transformed into pressure, sound, light, taste and smell. In five major elements (*panchaboothas*) namely, energy particle (*akash*), air, heavy air (fire), water and earth, magnetism is converted as pressure in energy particle, sound in air, light in fire, taste in water and smell in earth respectively.

Animate life requires five sensing faculties to feel the varied activities of own physical functions and also mind to assess the feelings of other beings. The sixth sense of mind feels the harmonious or painful effects of action caused on the body and mind.

### 2. Eight phenomena of living being

There are eight phenomena or factors that must be present to define and qualify the living being. They are:

1. Physical body
2. Life-force
3. Bio-magnetism
4. Genetic centre
5. Brain
6. Soul
7. Mind and
8. Senses.

The mind functions as network integrating the above eight phenomena with the genetic centre as base in a living being.

### Physical body

The physical body of a living being is made up of various appropriate elements and cells designed by Nature. It functions as a vehicle or a container with essential limbs and senses.

According to philosophers, the physical body is made up of *panchaboothas*.

### Life-force

The individual free energy particles (*akash*) are circulating throughout the physical body in a living being in a circuit as life-force. In inanimate things the energy particles are not moving in a circuit. The life-force particle consists of innumerable divine dust particles. The life-force particles

are spinning at very high speed. The life-force particles supply magnetism to all cells as energy in the physical body.

### **Bio-magnetism**

Some of the divine dust particles of the life-force particle are thrown away from the life-force particle due to its spinning velocity. These are coming out as magnetic waves from life-force particles. This is called 'bio-magnetism' in the living being. The bio-magnetism is the main fuel for all physical and mental functions of the entire system. The magnetic waves coming from the energy particle in universe is called 'universal magnetism'.

### **Genetic centre**

When the bio-magnetism is circulating in a body it gets intensified at the centre of the body due to specific gravity principle. The intensified domain of bio-magnetism is called 'genetic centre'. The specific gravity principle is that in a circulating system, heavier particles will come to the centre of the object and lighter particles will move to the periphery. Genetic centre is located at the end of the spinal cord, '*Mooladhar*'. Genetic centre also consists of three centres namely centre of seeds, centre of life-force particles and centre of bio-magnetism.

### **Brain**

Brain is the instrument to receive, interpret and release experiences. Brain is capable of operating with mind wave frequencies from one cycle per second to forty cycles per second. Emotions are felt at higher mental frequencies. Realization of Almighty is possible through meditation with lower frequencies.

### **Soul**

Consolidated characteristic principle stored in the genetic centre in a living being is called 'soul'. This accumulation of character imprints comes from the origin of the universal function up to the present life experiences of man. This will extend to several generations of progeny. The stored imprint in the magnetic domain is known as soul.

### **Mind**

Mind is a bio-magnetic wave, and it acts as a perceiving instrument of the magnetic wave of the living being. Mind perceives the shape and character of outside objects. Mind has two functions. One is contracting and storing the experiences as imprints in the genetic centre. The other function is retrieving imprints from genetic centre and expanding as thoughts in the brain.

### **Perceiving senses**

Perceiving senses are five. They are skin (touch), tongue (taste), nose (smell), eyes (sight) and ears (sound). The sixth sense works through the mind to perceive all ideas, communications and memories and receive intuition. Bio-magnetism is converted and consumed as perceptions. It is also linked with the universal magnetism through mind.

### **Collective function of three principles**

The human body is a fabulous construction of divine nature. The human body consists of three bodies. 1) Physical body, 2) Astral body and 3) Causal body or magnetic body all the three are interlinked with one another.

The visual body is made of billions of cells. The astral body comprises of innumerable energy particles or life-force particles. The infinitesimal spinning energy particles are circulating within the physical body. The causal body consists of bio-magnetism. Bio-magnetic waves are constantly emanating from the life-force particles. Bio-magnetism is also circulating throughout the body. The bio-magnetism is the basic energy to all cells. Divine dust particles are also called as magnetism. Divine dust particles are produced by the Absolute space

According to Vethathiri Maharishi, the divine nature is Absolute space. The four main qualities of Absolute space are plenum, force, consciousness and time. Plenum is abundant energy. The force is self-compressive surrounding pressure force. Consciousness is the order of function in everything and everywhere. Time is the kinematic quivering. Due to self-compressive pressure force and kinematic quivering, the Space compresses itself and crushed into divine dust particles. The Divine dust particles are spinning with high speed due to surrounding pressure force. The divine dust particle is known as magnetism and is nothing but an infinitesimal quantum of Absolute Space. Energy particles are formed due to association of divine dust particles. *Panchaboothas* are formed by the association of energy particles.

The bio-magnetism is circulating inside the physical body, and it's intensified at the centre situated at the middle of the physical body. The bio-magnetic field permeates all over the body, fills all the cells belonging to the different parts of the entire physique. It transforms into pressure, electricity and chemicals necessary for the physical functions of the body. The same bio-magnetic energy maintains all the physical activities, and also performs the psychic activities as thought and perception through the brain and the senses.

#### **Functions of Mind and Genetic centre**

Mind is a bio-magnetic wave. The two functions of mind are 1) compressing all experiences obtained from senses into imprints and storing the imprints in the genetic centre as records. 2) Retrieving and expanding the imprints as thoughts.

The genetic centre works like a human computer. It is similar to the hard disk in a computer where all information is stored. The genetic centre of bio-magnetism attracts the spiritual effects of pressure, sound, light (heat), taste and smell and stores them. The living being becomes characterized accordingly. It is the universal mystery and law of Nature that magnetism can absorb every moment in the universe, concentrate each into an infinitesimal wave state, pressure, and magnify the same to its original state in due time. The stored experiences in the field of intensified bio-magnetism are called 'soul'.

#### **Personality of man**

All experiences from third year onwards up to the present day of life of man are stored in the genetic centre as 'imprints of self-action'. It is also called '*Prarapta Karma*'. The experiences of ancestors are stored in the genes as imprints. The man inherits the genes from his parents as 'imprints of ancestors-action'. It is also known as '*Sanjitha Karma*'. Personality of man is the combined effects of ancestors-actions and self-actions. That is, Personality = Sanjitha Karma + Prarapta Karma. The future actions of man are based on the personality. That is hereditary imprints and present life imprints. The imprints of future actions are called '*Ahamya Karma*'.

#### **Law of Nature**

From the imprints thought arises and actions are made. The action of a man produces a definite result at the appropriate time. This is called 'law of nature' or 'cause and effect system'. The result may be pleasure, pain, peace or ecstasy. The action is done by man and the result is produced by the Almighty fraction demands and the totality supplies when the result is pleasure, the action is considered as good. If the result is pain, the action is called bad.

One has to think and choose the correct action to get happiness and success in life. Hence one should always think positively, say good words and do good actions. All good thoughts, words, actions and results are stored in the genetic centre as good imprints. These are called virtuous imprints (*Punniyam*). The bad deeds produce sin imprints (*Pavam*). Signs of sinful imprints are diseases in the physical body and disturbances in the mind due unfulfilled desires and negative thoughts.<sup>8</sup> By removing the bad imprints, the genetic centre is purified.

#### **Process of Purification**

According to Vethathiri Maharishi, expiation, superimposition and dissolution are the three processes of purification. The bad deeds produce harms to self or others. If one hurts other person he feels pain physically or mentally. Asking forgiveness and saying sorry to other immediately is an example of expiation. When a loss is made to others by one's actions, he has to pay the compensation to others to reduce the pain. This is called expiation. One has to superimpose with new deeds in order to avoid the unwanted habits. To avoid alcoholic drink, one can replace with nutritious drink. This is known as superimposition. Old bad habits can be changed with learning new habits and practicing them. Dissolution means completely erasing the bad imprints. Meditation and virtuous way of living are the processes of dissolution. Meditation is the corrective action of erasing sin imprints. Virtuous way of living is the preventing action.

#### **Reducing Mental Frequency**

The imprints are recorded in particular mind wave frequency. The mind wave frequencies are classified into four groups. 1) Beta wave (14-40 cps), 2) Alpha wave (8-13 cps), 3) Theta wave (4-7 cps), and 4) Delta waves (1-3 cps). Man is always living in beta wave, under emotional state. To achieve peace one has to bring down the mental frequency from beta wave to alpha wave. Hence, one has to practice eye-brow meditation (*Agna*) and crown head meditation (*Thuriyam*).

Moreover one can further reduce the mental frequency to theta level and finally to delta level. By doing Absolute Space meditation (*Thuriyatheetam*) one can reach delta level. In delta wave level, mind merges with Almighty. All sin imprints are erased and the genetic centre is completely purified. One realizes God and achieves perfection of consciousness. This is the purpose of life. In eyebrow meditation, future imprints (Ahmya Karma) are regulated. In crown head meditation, the present life imprints of self-action (Praraptha Karma) are erased. In absolute space meditation, inherited imprints of ancestors-action (Sanjitha karma) are erased. One becomes a great saint and God real person.

#### **Moral behaviour and harmonious living**

While meditation helps one to erase existing sinful imprints as a corrective action, following moral behavior is necessary to avoid creating new sin imprints as a preventive action. Virtuous way of living consists of three important virtues namely, morality, duty and charity.

1. Morality means that one should not inflict pain to self or any other living being, either to the body or mind, at present or in future.
2. Duty means that every adult person should live by income derived from his own physical or intellectual labour.
3. Charity means that one should be kind and ready to help others to relieve their pains and difficulties as far as possible.

#### **Conclusion**

The genetic centre must be maintained with purity and strength through positive thoughts and virtuous deeds. All human beings can lead a happy and harmonious life. The knowledge about Almighty, life-force, magnetism, genetic centre and mind should be understood by all. The science of discipline should be taught from the childhood in schools. Meditation and virtuous way of living make one to achieve wisdom or perfection of consciousness. Love and compassion towards all living beings blossom in one's mind.

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