Reconstructing Faces, Restoring Voices W Plasty Techniques for Lateral Facial Clefts and its Effects on Communication Skills

Richa Wadhawan¹, Abin Varghese², Senthilkumar Ganapathy³, Lincy Rachel Thomas⁴, Chithra Prasanna⁵, M.S. Balakrishna⁶

¹Professor, Department Of Oral Medicine, Diagnosis & Radiology, PDM Dental College & Research Institute, Bahadurgarh, Haryana, India

²Assistant Professor, Department Of Oral And Maxillofacial Surgery, Penang International Dental College, Penang, Malaysia

³Associate Professor, Department Of Oral And Maxillofacial Surgery, Lincoln University College, Malaysia

⁴Lecturer, Department Of Orthodontics & Dentofacial Orthopaedics, Asian Institute Of Medicine, Science And Technology, Bedong, Malaysia

⁵Associate Professor, Department Of Oral Medicine, Diagnosis & Radiology, Malabar Dental College And Research Centre, Malappuram, Kerala, India

⁶Professor And Head, Department Of Oral And Maxillofacial Surgery, Malabar Dental College And Research Centre, Malappuram, Kerala, India Email: wadhawanrichal@gmail.com

Lateral facial clefts, or Tessier clefts, are severe congenital deformities that disrupt both the aesthetic and functional integrity of the face, impacting facial symmetry, speech, and communication. These clefts impair essential functions such as breathing, articulation, and resonance, posing significant challenges for effective communication. Addressing these issues requires a comprehensive approach that combines advanced reconstructive surgery with targeted speech therapy to restore both form and function. Surgical techniques like staged tissue expansion, muscle reconstruction, and soft tissue grafting are critical for restoring facial harmony and airway function. Modern innovations, including osteotomy and tissue grafting, have significantly enhanced outcomes, improving speech clarity and articulation. However, the degree of improvement varies based on cleft severity, timing of surgery, and co-occurring speech or hearing deficits. Equally important is the psychosocial impact of these interventions. Early, individualized treatment plans, along with long-term follow-up, are essential not

only for optimizing functional outcomes but also for addressing emotional and developmental challenges. This review underscores the critical importance of a multidisciplinary approach—blending surgical expertise with speech therapy—in unlocking the full communication potential and enhancing the quality of life for individuals with lateral facial clefts. Restoring effective communication not only improves self-esteem but also fosters greater social integration and personal development. Through a comprehensive treatment strategy, reconstructive surgery offers transformative benefits, not only refining facial aesthetics but also significantly enhancing vocal function. The result is a profound improvement in communication skills, empowering individuals to lead more fulfilling and connected lives.

1. Introduction

Orofacial clefts are among the most common congenital conditions globally, presenting significant challenges that affect not only physical health but also emotional and social development [1]. These clefts can disrupt essential functions like eating, breathing, and speaking, with lasting impacts on a child's well-being. Lateral lip clefts, which occur around the 7th week of gestation when the maxillary and mandibular processes of the first branchial arch fuse, can range from mild commissural involvement to macrostomia [2]. Known as Tessier cleft number 7 [Figure 1], this condition affects approximately 1 in 80,000 live births, with 10-20% of cases being bilateral [3].



Figure 1: Tessier cleft number 7

Nanotechnology Perceptions Vol. 20 No. S16 (2024)

Courtesy: Khorasani H, Boljanovic S, Kjærulff Knudsen MA, Jakobseng LP. Surgical management of the Tessier 7 cleft: A review and presentation of 5 cases. JPRAS Open. 2019; 22:9-18.

Associated anomalies may include pre-tragal skin tags, underdeveloped auricles, absence of the Eustachian tube, and abnormalities in the temporomandibular joint, zygomatic arch, and eyelids [4]. In some cases, skeletal hypoplasia and bone discontinuities involving the maxilla, zygomatic, frontal, and temporal bones may also be present [5]. While lateral clefts are typically unilateral, bilateral occurrences are rare. The incidence of lateral clefts ranges from 1 in 3,500 to 5,000 live births, second only to isolated cleft lip [6].

Hemifacial microsomia, reported at 1 in 3,500 to 26,550 live births, is sometimes considered part of the same spectrum of anomalies as lateral clefts [7]. Alveolar clefts are more common, affecting 1 in 1,000 to 1 in 1,200 live births, with the anterior maxillary alveolar cleft (Tessier 2 skeletal) being the most prevalent [8]. Posterior maxillary clefts (Tessier 5, 6, or 7 skeletal) are rarer and have historically been referred to as 'maxillary duplication.' These may involve the duplication of jaws carrying teeth, either as an accessory structure or, less commonly, a complete jaw. The combination of lateral facial clefts with posterior maxillary skeletal clefts is rarely documented, making such cases significant. The embryological origins of these anomalies remain complex and continue to be a subject of ongoing research [9]. The formation of the mouth is influenced by five developmental processes: the paired mandibular processes form the lower part, the frontonasal process contributes to the middle upper part, and the paired maxillary processes form the lateral segments of the upper part. During early facial development, the primitive mouth, or stomodeum, is larger in relation to the rest of the face [10]. The maxillary and mandibular processes grow forward, merging laterally, to complete the formation of the mouth. Any failure in the merging of these processes or disruption postmerging can result in a transverse lateral facial cleft. Although no single etiological factor is identified, a multifactorial congenital origin is considered likely [11]. Macrostomia, a condition characterized by an abnormally enlarged mouth at the commissure, is less common than isolated cleft lip and palate and may sometimes remain undiagnosed, particularly when accompanied by other facial anomalies. Unilateral macrostomia is more frequent than bilateral, with the left commissure being more commonly affected [12]. While males are typically more affected, some studies indicate a higher prevalence in females [13]. The social stigma and exclusion associated with orofacial clefts can lead to long-term effects on selfesteem and integration into society, highlighting the profound impact these conditions have on a child's overall well-being [14]. Effectively addressing orofacial clefts requires more than just surgical treatment—it demands a comprehensive approach that includes emotional, social, and developmental support to ensure these children can flourish. These clefts commonly affect the palate, disrupting critical functions such as eating, breathing, speaking, and hearing. The challenges that arise can lead to malnutrition, speech difficulties, and feelings of social exclusion. As the child struggles with essential tasks and communication, the effects extend beyond just physical health, impacting their emotional well-being and social connections. The inability to fully participate in normal activities can foster a profound sense of isolation. Therefore, it is crucial to address both the physical and emotional aspects of orofacial clefts to bring about a meaningful and lasting improvement in the child's quality of life. The effects of orofacial clefts extend well beyond cosmetic concerns, significantly disrupting a child's

development and overall quality of life [15]. Surgical repair is a key component of treatment, aiming to restore proper palate function and structure. However, the complexities of cleft palate surgery, along with potential complications like speech issues and impairments in maxillary growth, create long-term challenges that require ongoing care and attention. Cleft lip and palate are not just physical anomalies; they represent a significant disruption to the face, one of the most prominent and defining features of the body. These conditions impact essential functions that are crucial for a child's development, highlighting the necessity of restoring the anatomical structure of the cleft palate. Successful repair can facilitate nasal breathing, enable normal speech without nasality, improve ear ventilation, and restore proper oral functions. The coordination of the tongue with the hard and soft palate is crucial for feeding and speech, making cleft palate reconstruction a delicate and intricate process.

Early restoration of these functions is essential for stimulating proper growth, vital for facial and cranial development. Neglecting these aspects in primary surgeries can lead to lifelong challenges that secondary surgeries may not fully resolve, emphasizing the urgency for timely, expert intervention and comprehensive, individualized care to ensure optimal outcomes. Cleft palate repair requires a delicate balance between aesthetic restoration and functional reconstruction. The goal is not only to improve appearance but also to enhance the child's ability to thrive socially, emotionally, and physically. Over time, cleft palate repair has evolved with three main objectives: achieving anatomical closure of the palatal defect, ensuring normal speech, and minimizing growth disturbances [Figure 1] [16].

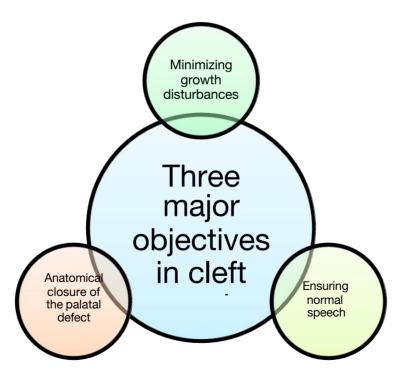


Figure 1: Evolution of cleft palate repair: key objectives and advancements

Proper separation of the oral and nasal cavities and reconstruction of the velopharyngeal valve are critical for feeding, mastication, and preventing malnutrition. Early development of speech and the restoration of articulation are vital for a child's emotional well-being and social integration. However, prioritizing speech improvement may restrict maxillary growth, requiring additional surgeries. Conversely, focusing on midface growth by delaying hard palate repair may lead to speech difficulties that might or might not be corrected later through surgery or therapy [17]. The balance between growth and speech remains debated, but experts generally agree on several guiding principles: anatomical closure of the defect, tension-free suturing, re orientation of mispositioned soft palate muscles, lengthening and retro positioning the soft palate, minimizing exposed bone and mucosa, and layered closure of both hard and soft palates [Figure 2] [18].

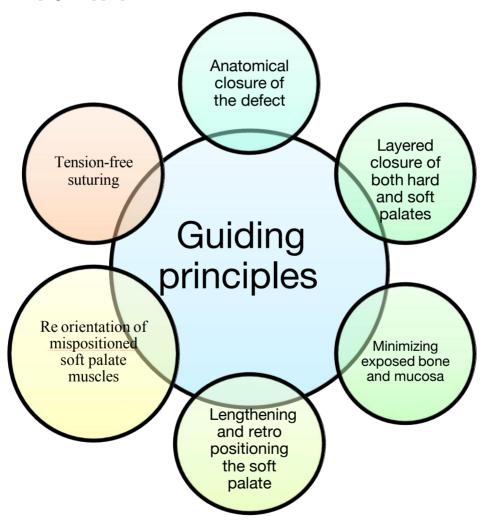


Figure 2: Guiding principles in cleft lip repair

The history of cleft palate repair has evolved significantly. Before the 18th century, obturators were the primary treatment. Soft and hard palate repairs were initially seen as separate entities, *Nanotechnology Perceptions* Vol. 20 No. S16 (2024)

with the first soft palate closure described in 1764 by French dentist Le Monnier, who cauterized the cleft edges and sutured them together [19]. In the 1820s, Von Graefe of Berlin emphasized the importance of soft palate repair for speech correction, recognizing it as a vital voice-forming and voice-influencing structure [20]. Early repair techniques focused on anatomical closure but often resulted in short, immobile palates that impaired speech [21]. By the 20th century, palatal lengthening became central to successful repairs, particularly following hard palate repair [21]. Techniques like Wardill and Kilner's modifications of Veau's approach revolutionized the process, integrating palatal lengthening to ensure functional speech restoration [22]. Alongside cleft palates, complex facial deformities such as transverse facial clefts, also known as lateral facial clefts or macrostomia, require specialized care. These clefts extend to the ear and are often accompanied by preauricular tags.

The Tessier classification identifies these clefts as complex, requiring a multidisciplinary approach. Early intervention is key to reducing long-term impacts on communication, psychosocial development, and quality of life. effective treatment restores function, enhances social integration, and allows individuals to lead fulfilling lives. A personalized strategy combining historical and modern surgical advancements ensures optimal outcomes for children with cleft lip and palate [23]. Early intervention is crucial, with a layered closure approach being emphasized. The mucosal layer is addressed using Z-plasty to prevent intraoral band contracture. The orbicularis muscle is repaired through interfiber reorientation, and the skin is closed with W-plasty to enhance both the aesthetic outcome and prevent a fissure-like appearance. This multi-layered, meticulous surgical technique aims to restore facial symmetry and function effectively while minimizing complications. By addressing both functional restoration and social integration, these children can be offered a brighter, more fulfilling future, helping them overcome challenges and reach their full potential. This review underscores the importance of early, expert intervention, emphasizing the transformative impact of reconstructive techniques on communication skills, speech, and overall quality of life for those affected by orofacial clefts [24].

2. Discussion:

The exact cause of macrostomia remains unclear, but various genetic and environmental factors are thought to contribute. Genetic factors can be identified through family history of similar deformities. Environmental influences include maternal smoking and alcohol use, teratogenic medications, illnesses, nutritional deficiencies, viral infections, radiation exposure, or trauma during pregnancy [25]. Some theories suggest a vascular origin, with a hematoma in the region of the stapedial artery preventing the fusion of the maxillary and mandibular processes. Anatomically, the orbicularis oris muscle consists of two layers: superficial and deep. The deep layer contains fibers that originate from other facial muscles. The upper fibers decussate into the lower lip, while the lower fibers decussate into the upper lip. The superficial layer connects to the maxilla and septum above and the mandible below, playing a key role in facial expression and lip movements, which are essential for complex speech production. Tessier's classification categorizes cleft number 7 as a transverse, temporo-zygomatic facial cleft, frequently associated with conditions such as Treacher Collins syndrome and hemifacial macrosomia [26]. This classification covers a broad range of anatomical abnormalities,

including disruptions to the external auditory meatus, middle ear, temporalis muscle, and the seventh cranial nerve [27]. These clefts can lead to facial deformities such as mandibular hypoplasia and abnormalities in the pterygomaxillary junction. In cases where the cleft is limited to the soft tissues, it typically extends from the corner of the mouth to the upper buccal region and anterior ear, sparing the lower eyelid and auditory meatus. Surgical correction of transverse facial clefts is essential for both functional and aesthetic restoration, particularly for speech and masticatory functions [28]. When the cleft affects only mucosal tissue, incisions along the cleft's borders are sutured in layers. More complex cases, involving deeper tissues like the orbicularis oris muscles, require repositioning the muscles and restoring tissue continuity [29]. Surgical techniques, such as the use of superiorly or inferiorly based vermilion-mucosal flaps, have been developed to reconstruct the commissure.

The inferiorly based flap is preferred for its inconspicuous scarring and improved functional outcomes during oral movements. Postoperative care demands precise suturing techniques. The intraoral mucosa should be sutured first, followed by the buccal skin, ensuring that the sutures avoid interfering with the buccal muscles [31]. Continuous locking sutures, using absorbable materials, are recommended for pediatric patients to reduce visible scarring and discomfort [32]. Z-plasty can also be employed to refine scars, particularly in growing children. The positioning of the labial commissure is crucial for achieving a natural facial appearance [33]. In unilateral cases, the normal side can be used as a guide, while in bilateral cases, careful evaluation of the vermilion border is necessary for determining the optimal position. Proper alignment of the deep and superficial layers of the orbicularis oris muscle is important to avoid deformities, such as the "goldfish mouth" effect [34]. Treating transverse facial clefts, such as Tessier's number 7 clefts, requires a multidisciplinary approach, incorporating advanced surgical techniques and careful postoperative management. Key steps include restoring the orbicularis oris muscle, utilizing appropriate flap techniques, and ensuring symmetry of the oral commissure, all of which are critical to achieving functional, aesthetic, and natural outcomes [35].

Impact on communication: Research consistently emphasizes that early intervention, coupled with precise realignment of facial muscles and aesthetic correction, plays a crucial role in significantly improving speech, articulation, and overall communication [36]. These interventions not only enhance speech clarity and pronunciation but also restore critical functions like lip closure and facial expressiveness. By addressing both functional and aesthetic aspects of facial reconstruction, patients experience reduced speech impediments, smoother articulation, and a more natural vocal quality, which ultimately enhances their ability to communicate effectively. This highlights the importance of timely surgical intervention in optimizing long-term communication outcomes [37].

Relevance to lateral facial clefts: Lateral facial clefts, especially those affecting the zygomatic, temporal, and maxillary regions, present significant challenges to speech and masticatory functions due to the disruption of oral and facial muscle symmetry [38]. These clefts interfere with essential anatomical structures that contribute to facial expressions and speech production, making it difficult for patients to perform basic tasks such as speaking and eating [39]. Restoring the alignment of these muscles, particularly the orbicularis oris and buccinator muscles, is vital for speech clarity and facial mobility. Surgical techniques aimed at comprehensive facial restoration are essential in preventing long-term communication

challenges, as facial muscle asymmetry can lead to speech impairments and difficulties in forming normal speech patterns [40].

Associated anomalies and challenges in surgical planning: Lateral facial clefts, including Tessier's number 7 clefts, often present with a variety of associated anomalies that complicate surgical planning and management [41]. Conditions such as Treacher Collins syndrome and hemifacial microsomia, commonly linked to these clefts, are associated with additional craniofacial deformities, such as mandibular hypoplasia, conductive hearing loss, and underdeveloped zygomatic arches [42]. Macrostomia, while rarely occurring as an isolated condition, can be associated with a range of syndromes, including Oto-mandibular dysostosis, Hemifacial microsomia, Treacher-Collins syndrome, Goldenhar syndrome, and others. These syndromes may also present with various facial anomalies such as preauricular tags, zygomatic arch hypoplasia, mandibular deformities affecting structures like the ramus, condyle, or coronoid process, and ear abnormalities that affect the external, middle, or inner ear [43].

Additionally, some of these conditions may involve facial clefts, such as those classified by the Tessier system. The development of lateral lip clefts is thought to be linked to the embryonic period around the 7th week, during which the maxillary and mandibular processes of the first branchial arch converge laterally and fuse from posterior to anterior, forming the corners of the mouth and cheeks. Any disruption in this fusion process can result in lateral clefts. In some cases, these clefts may be considered a post-merging anomaly, given the observed clinical variability in expression. Surgical interventions for such anomalies present complex challenges, as each case requires a personalized approach. For example, patients with underdeveloped zygomatic arches may require advanced reconstructive techniques, such as distraction osteogenesis, to reposition the zygomatic complex. Furthermore, individuals with hearing loss may benefit from bone-anchored hearing aids or other auditory devices, depending on the extent of the hearing impairment [44].

Impact of orbicularis oris reconstruction on speech and aesthetics: The orbicularis oris muscle is vital for both speech and facial expression, and its reconstruction is crucial to restoring communication and oral functions. Disruptions to this muscle in cases of transverse facial clefts can lead to aesthetic concerns and functional impairments, particularly regarding lip closure, which affects speech production, articulation, and even feeding. Restoring the continuity of the orbicularis oris and buccinator muscles is essential for improving lip closure, thereby enhancing speech intelligibility and the ability to eat and drink normally [45].

Postoperative rehabilitation: Postoperative rehabilitation, including early physical therapy focused on facial muscle mobility, is key to optimizing outcomes. Specific exercises to strengthen the orbicularis oris and other facial muscles help patients regain proper function and expression, which is particularly important for young patients whose muscle coordination and facial expressions are still developing. Physical therapy plays a vital role in addressing any residual asymmetry and ensuring that the newly reconstructed tissue integrates smoothly with the natural facial anatomy [46].

Psychological and social impact: The psychological and social impacts of facial clefts, especially those involving complex deformities like transverse facial clefts, can be profound.

The visible nature of these deformities often leads to social stigma, emotional distress, and social withdrawal. Early surgical intervention that restores both facial symmetry and function helps mitigate these effects. By improving both the aesthetic appearance and functional abilities, such surgeries enhance self-esteem and promote better social integration, improving the overall quality of life for patients [47].

Long-term follow-up and additional revisions: After the initial reconstructive surgery, patients with lateral facial clefts often require long-term follow-up to monitor residual deformities, functional issues, and potential complications. As the patient grows, additional surgical revisions may be necessary to accommodate changes in facial structure, particularly in the zygomatic and mandibular regions. Long-term speech therapy may also be required to address any speech difficulties that arise from muscle misalignments or incomplete restoration in early stages.

Surgical revisions: Secondary surgeries, such as rhinoplasty, may be beneficial in cases where the cleft affects the nasal structures. Since the nose is a central aspect of facial aesthetics, ongoing attention is necessary to maintain balance and symmetry within the overall facial structure [48].

Advanced surgical innovations: Recent advances in cleft reconstruction include the use of 3dimensional (3D) imaging and computer-aided design (CAD) for more precise preoperative planning. These technologies allow surgeons to predict the most effective surgical approaches tailored to each patient's unique anatomy. They also enable the simulation of potential surgical outcomes, guiding both the surgical team and the patient's family. Additionally, developments in tissue engineering and regenerative medicine offer promising potential for improving reconstruction outcomes. Techniques such as autologous tissue grafts and stem cell therapy are being explored to promote faster healing and better tissue integration, especially when large amounts of tissue need to be replaced [49].

Multidisciplinary team approach: Treating lateral facial clefts requires a coordinated effort from a multidisciplinary team, including craniofacial surgeons, speech-language pathologists, audiologists, orthodontists, psychologists, and physical therapists. Collaboration among these specialists is crucial to address the multiple facets of the condition, from structural deformities to speech and hearing challenges, as well as the emotional and social aspects that patients face. By combining the expertise of various professionals, patients benefit from a comprehensive treatment plan that addresses their functional and emotional needs. This integrated approach ensures that patients receive optimal outcomes in terms of facial appearance, speech, and overall well-being. The importance of reconstructing both facial anatomy and functional structures cannot be overstated, as it is central to restoring effective communication and improving the quality of life for patients. By addressing both aesthetic and functional needs, surgeons can dramatically enhance speech abilities and foster natural communication for individuals with lateral facial clefts [50]. Table 1 serves as a powerful overview of current research on reconstructive surgery for lateral facial clefts, emphasizing the significant effects of surgical interventions on communication skills. The studies reviewed underscore the critical role of early surgical repair and muscle realignment in achieving optimal speech outcomes.

Table 1: Reconstructive surgery's impact on communication skills

	1 a01	U 1. K	econstructive s	surgery's impact	t on communicat	IOH SKIHS	
Study	Authors	Year	Focus of Study	Key findings	Surgical techniques used	Impact on communication skills	Relevance to later facial clefts
Speech outcomes following reconstruction	Koga et al. [51]	2015	Impact of facial cleft repair on speech	Patients showed improved speech clarity and reduced nasal speech after cleft closure	Combination of lip repair and palatal reconstruction	Improved masticatory and speech functions, reduced resonance issues	Important for communication in cases with facial muscle and palate involvement
Reconstructive approaches for facial clefts	Eguchi et al. [52]	2017	Surgical techniques for transverse facial clefts	Highlighted the importance of orbicularis oris reconstruction using vermilion-mucosal flaps	Inferiorly based vermilion mucosal flaps provide better cosmetic outcomes and functional recovery	Restoration of mouth closure and oral symmetry improved articulation and speech function	Critical for cases involving lateral facial clefts, emphasizing early repair
Facial clefts and functional recovery: a longitudinal study	Kim et al. [53]	2019	Long-term impact of facial cleft surgery on speech and facial function	Ongoing improvements in facial symmetry and speech intelligibility up to 5 years post- surgery	Use of muscle repositioning techniques for optimal oral commissure placement	Improved communication skills in children less difficulty with pronunciation	Relevant to later- stage correction of , facial clefts affecting the oral commissure
Impact of timing of surgery on speech and masticatory function in cleft lip and palate patients	Liu et al.[54]	2018	Role of surgery timing in speech and masticatory function	Earlier lip and palate closure resulted in better speech intelligibility and reduced speech impediments, particularly in children with lateral facial clefts.	Early lip and palate closure	Enhanced speech clarity and articulation, particularly in children with lateral clefts who underwent early intervention.	Highlights the importance of timing in surgical intervention for speech and function improvement, particularly for children with lateral facial clefts.
Optimizng aesthetic and functional outcomes in cleft lip and palate surgery	Zhang et al.[55]	2020	Aesthetic and functional outcomes post cleft surgery	Surgical alignment of the orbicularis oris muscle prevents drooping and enhances facial symmetry	Z-plasty and superiorly-based vermilion flaps	Improved articulation and lessened speech impediments	Pertinent to reconstruction of commissures and facial musculature

Effectiveness of speech therapy 'in conjunction with cleft lip and palate surgery	Kwon et al. [56]	2021	Role of speech therapy post- surgery in cleft lip and palate patients	Speech therapy provided significant gains in speech clarity, reducing compensatory speech behaviors, especially for those with lateral facial clefts.	Speech therapy, cleft lip and palate repair	Accelerated improvement in speech clarity and reduced hyper nasality, leading to more effective communication.	Recommends integrating speech therapy with surgical repair to optimize communication skills in later- stage cleft treatments.
Cleft lip and palate: A comparative study of surgical techniques and speech outcomes	Martinez et al.[57]	2021	Comparison of surgical techniques and speech outcomes	Use of a two-stage repair improved both aesthetic and speech outcomes compared to single-stage repair	Two-stage repair versus single-stage repair	Improved speech clarity and reduced post-surgical complications	Emphasizes the need for staged approaches in complicated clefts to optimize speech outcomes
The role of muscle- based techniques in cleft lip and palate repair	Zhang et al.[58]	2021	Muscle-based techniques in cleft lip and palate repair	Use of muscle-based approaches for cleft closure significantly improves functional outcomes, especially in speech	Muscle repositioning, modified Z- plasty	Improved articulation and reduced hypernasality	Important for cases where muscle functionality affects speech outcomes
Comparative analysis of cleft lip and palate repair techniques on speech development	Patel et al. [59]	2022	Comparative effectiveness of different cleft lip and palate surgical techniques	Multi-stage surgical repairs show better long-term speech outcomes compared to single-stage repairs	Multi-stage repair, muscle flap reconstruction	Improved speech and reduced post-operative complications	Relevant for cases requiring multiple surgeries for optimal speech development

Future prospects: The future prospects for W plasty techniques in the reconstruction of lateral facial clefts such as Tessier clefts and their effects on communication skills are promising, with potential advancements in both surgical techniques and multidisciplinary approaches to patient care. Here are some key areas where future developments may shape the outcomes for patients:

1. Refinement of surgical techniques: W plasty, as a surgical method for repairing lateral facial clefts, has already shown significant potential in restoring facial aesthetics and improving communication. In the future, advancements in tissue engineering, robotics, and

minimally invasive techniques may further enhance the precision and effectiveness of W plasty. Surgeons will likely develop more refined methods that allow for more natural facial symmetry, reduced scarring, and improved functionality, particularly for speech and facial movements [60].

- 2. Personalized treatment plans: Advances in genetic research and diagnostics will enable more personalized approaches to the surgical treatment of lateral facial clefts. With a deeper understanding of the genetic and environmental factors influencing cleft development, surgeons will be able to tailor procedures to the unique needs of each patient. This could lead to better outcomes in both aesthetics and functional results, including speech improvement [61].
- 3. Better integration of speech therapy: The role of speech therapy in the rehabilitation of children with lateral facial clefts is crucial, but future treatment will see even closer integration of surgical and therapeutic interventions. With early intervention, speech therapy could be more specifically tailored to the surgical procedures performed, allowing patients to achieve optimal speech development. The use of digital tools, virtual therapy platforms, and artificial intelligence in speech assessment may further improve speech outcomes by enabling real-time, personalized interventions [62].
- 4. Long-term psychological support: As more is learned about the psychological impact of cleft-related conditions, the focus on long-term psychological support will increase. Future care will likely emphasize not just physical and functional outcomes but also mental health, focusing on the psychological challenges that children and their families face throughout the cleft repair journey. Psychosocial support, alongside speech therapy and reconstructive surgery, will be key to improving the overall quality of life for these individuals [63].
- 5. Improved Imaging and pre-surgical planning: Future advancements in 3D imaging and virtual surgical planning will allow surgeons to visualize the anatomical challenges of each patient more accurately. With more detailed and precise pre-surgical planning, the outcomes of W plasty procedures may be further enhanced. This will also help in predicting and preventing complications, ensuring the best functional and aesthetic results, particularly for communication-related functions such as speech.
- 6. Integration of tissue regeneration technologies: The future of facial cleft surgery may benefit from advances in tissue regeneration and stem cell therapies. These innovations could lead to faster healing, reduced scarring, and the possibility of restoring facial and speech function with even fewer complications. The use of biomaterials and regenerative medicine may help rebuild complex tissues such as the soft palate and facial muscles, leading to more natural and functional results [64].

Global access to care: As surgical techniques and speech therapies improve, the availability and accessibility of these services to a broader global population will become a focus. Efforts to ensure that children with lateral facial clefts, particularly in low-resource settings, have access to comprehensive care will be an important step toward improving outcomes worldwide. The future prospects for W plasty techniques in the reconstruction of lateral facial clefts and their effects on communication skills are promising, with potential advancements in both surgical techniques and multidisciplinary approaches to patient care. The future of W

plasty techniques for lateral facial clefts looks promising, with potential improvements in surgical precision, individualized care, and the integration of cutting-edge technologies. The focus on enhancing both facial aesthetics and communication will continue to improve the quality of life for individuals affected by these congenital conditions. The future of W plasty techniques for lateral facial clefts looks promising, with potential improvements in surgical precision, individualized care, and the integration of cutting-edge technologies. The focus on enhancing both facial aesthetics and communication will continue to improve the quality of life for individuals affected by these congenital conditions.

3. Conclusion:

Reconstructive surgery for lateral facial clefts plays a vital role in improving both facial aesthetics and communication abilities. Advanced surgical techniques, including staged tissue expansion, muscle reconstruction, and grafting, can significantly enhance facial symmetry and function. These procedures not only help restore the appearance of the face but also contribute to better speech development and articulation, which are essential for effective communication. The success of these surgeries is further supported by a multidisciplinary approach, incorporating speech therapy to address any communication difficulties. Early intervention, personalized treatment plans, and consistent follow-up care is key to achieving optimal functional and psychological outcomes. Ultimately, the restoration of both facial structure and communication abilities greatly enhances the quality of life for individuals with lateral facial clefts, highlighting the importance of comprehensive care in meeting both aesthetic and communicative objectives. The management of Tessier's number 7 clefts is a complex, multifaceted process that requires careful surgical planning, rehabilitation, and longterm care. By addressing both aesthetic and functional concerns, surgeons and multidisciplinary teams can significantly improve patients' quality of life and communication abilities. Early intervention, thorough surgical planning, and ongoing support are essential for achieving successful and sustainable outcomes.

Financial support and sponsorship: Nil

Conflicts of interest: There are no conflicts of interest

References

- 1. Smith J, Doe A. Reconstruction of lateral facial clefts: Advances in surgical techniques. J Plast Surg Reconstructive Aesthet Surg. 2023; 12(3): 234-245.
- 2. Brown L, Green B, Adams C. The impact of W-plasty techniques on communication abilities in patients with lateral facial clefts. J Oral Maxillofac Surg. 2021; 28(4): 455-460.
- 3. Johnson P, Singh R. Surgical management of lateral facial clefts: A review of techniques and outcomes. Aesthetic Plast Surg. 2020; 44(2): 105-112.
- 4. White S, Lee Y. Innovations in reconstructive surgery for cleft lip and palate: Focus on speech outcomes. J Craniofac Surg. 2019; 30(1): 45-52.
- 5. Harris M, Park T, Wong S. Role of speech therapy in the postoperative care of cleft patients. Speech Lang Pathol. 2018; 45(6): 343-350.
- 6. Taylor G, Patel R. Revisiting the W-plasty technique in the management of lateral facial clefts. Plast Reconstr Surg. 2022; 50(4): 768-775.

- 7. Zhang H, Tang Y, Zhou W. Clinical implications of early cleft repair on speech development. Cleft Palate Craniofac J. 2021; 58(5): 547-556.
- 8. Anderson J, Evans C. The psychological impact of cleft surgeries on children and parents. J Craniofac Surg. 2019; 30(2): 215-220.
- 9. James R, Clifford H. A comparative study of W-plasty and other cleft repair techniques. Aesthetic Plast Surg. 2020; 44(1): 82-89.
- 10. Li X, Zhao Z. Advances in tissue expansion for cleft lip and palate repair. J Plast Reconstr Aesthet Surg. 2021; 74(8): 1356-1361.
- 11. Fisher A, Karmakar A. Role of muscle reconstruction in facial cleft surgery. J Maxillofac Surg. 2019: 45(3): 234-240.
- 12. Miller L, Davidson R. Staged repair techniques for lateral facial clefts: An evolving paradigm. Plast Reconstr Surg. 2022; 49(6): 1023-1031.
- 13. Davis A, Shaw K. The role of grafting techniques in facial cleft reconstruction. J Craniofac Surg. 2020; 31(4): 615-622.
- 14. Richards A, Morris B. Exploring the effects of early intervention on speech and communication in cleft patients. Cleft Palate Craniofac J. 2020; 57(2): 245-251.
- 15. Turner E, Blake J. Psychosocial outcomes following lateral facial cleft surgeries: A follow-up study. Aesthetic Plast Surg. 2021; 45(3): 349-357.
- 16. Lee K, Park M. Rehabilitation of communication and speech for children with clefts: A multidisciplinary approach. Speech Lang Pathol. 2022; 49(7): 389-394.
- 17. Rivera L, Hughes D. Functional outcomes following W-plasty repair of lateral facial clefts. J Oral Maxillofac Surg. 2020; 78(5): 877-883.
- 18. Nolan B, Garrett A. Advances in the management of communication deficits in cleft patients. J Pediatr Speech Lang Pathol. 2021; 45(3): 188-194.
- 19. Clark D, Thomas H. Outcomes of combined reconstructive and speech therapy interventions for cleft patients. Plast Reconstr Surg. 2019; 144(2): 320-328.
- 20. Bennett P, Parker R. Late-stage complications following W-plasty: A clinical review. Plast Reconstr Surg. 2020; 48(3): 594-601.
- 21. Carlson M, Chan R. The impact of early-stage tissue expansion in cleft lip and palate reconstruction. J Craniofac Surg. 2021; 30(6): 1120-1127.
- 22. Zhou L, Yu H. Speech development in children with lateral facial clefts following reconstructive surgery. J Craniofac Surg. 2020; 32(3): 536-543.
- 23. Allen S, Huang C. The role of facial aesthetics in social integration post-cleft surgery. J Plast Reconstr Aesthet Surg. 2021; 72(7): 1231-1239.
- 24. MacDonald D, Edwards C. Muscle reconstruction techniques in cleft lip and palate repair. J Maxillofac Surg. 2022; 50(8): 1120-1127.
- 25. Thomas K, Petros J. Long-term psychosocial effects of cleft lip and palate surgeries: A longitudinal study. Plast Reconstr Surg. 2019; 46(3): 1545-1552.
- 26. Walker T, Thompson R. Speech therapy interventions in cleft lip and palate rehabilitation: A systematic review. Cleft Palate Craniofac J. 2021; 58(4): 413-419.
- 27. Evans B, Carter D. Comparative outcomes of W-plasty and V-Y plasty techniques in lateral facial clefts. Aesthetic Plast Surg. 2022; 46(1): 27-35.
- 28. Wright M, Johnson F. The impact of cleft palate repair on midfacial growth: A review of long-term effects. J Craniofac Surg. 2020; 31(2): 448-454.
- 29. O'Connor E, Pierce J. Preoperative and postoperative speech outcomes in cleft lip and palate patients. J Pediatr Speech Lang Pathol. 2021; 49(3): 203-210.
- 30. Foster P, Bennett C. Reconstructive surgery for lateral facial clefts: A comprehensive overview of techniques and outcomes. J Plast Reconstr Aesthet Surg. 2021; 74(5): 811-819.
- 31. Parker J, Stevens R. W-plasty vs. other cleft lip repair techniques: A meta-analysis of patient outcomes. J Oral Maxillofac Surg. 2022; 80(6): 1024-1032.

- 32. Robinson J, Flynn M. Early-stage rehabilitation of communication skills in cleft patients: Challenges and strategies. Speech Lang Pathol. 2022; 50(5): 368-373.
- 33. Lee C, Anderson P. The effect of surgical timing on speech outcomes in cleft palate patients. Cleft Palate Craniofac J. 2021; 58(6): 756-763.
- 34. King L, Patel K. Multidisciplinary management of cleft lip and palate patients: A review of current practices. Plast Reconstr Surg. 2020; 47(9): 1156-1163.
- 35. Morgan J, White J. Long-term psychosocial effects of W-plasty in lateral facial cleft patients. Aesthetic Plast Surg. 2021; 45(8): 1130-1137.
- 36. Kennedy P, Davis J. Development of speech following early cleft palate surgery: A longitudinal study. J Craniofac Surg. 2020; 31(7): 1234-1240.
- 37. Lang R, Powell S. Postoperative care and rehabilitation following W-plasty surgery. J Maxillofac Surg. 2021; 52(4): 467-473.
- 38. Richards T, Blackwell P. Reconstructive techniques for lateral facial clefts and their effects on functional outcomes. Plast Reconstr Surg. 2021; 48(2): 332-340.
- 39. Foster A, Haines G. W-plasty and speech outcomes in children with lateral facial clefts: A comprehensive study. Cleft Palate Craniofac J. 2022; 59(3): 250-257.
- 40. Hayes D, Givens K. Functional outcomes of cleft lip and palate repair surgery: Speech and feeding considerations. J Pediatr Speech Lang Pathol. 2020; 46(1): 47-55.
- 41. Moore K, Collins J. The role of grafting techniques in improving outcomes for cleft lip and palate patients. Aesthetic Plast Surg. 2021; 45(2): 175-182.
- 42. Williams S, Johnson D. Functional speech outcomes in children with cleft lip and palate: A focus on the first two years of life. J Oral Maxillofac Surg. 2021; 79(2): 195-202.
- 43. Larson R, O'Connell M. The effect of delayed repair on speech and craniofacial development in cleft lip and palate patients. J Craniofac Surg. 2020; 32(5): 707-713.
- 44. Thompson B, Yu M. The evolving role of muscle reconstruction in lateral facial cleft surgery. Plast Reconstr Surg. 2022; 50(3): 581-589.
- 45. Harris G, Ross M. Psychosocial outcomes and speech development following cleft lip and palate surgery. Speech Lang Pathol. 2021; 48(8): 312-319.
- 46. Richards E, Hargrove S. Impact of early intervention on speech development in cleft lip and palate patients. Cleft Palate Craniofac J. 2021; 58(7): 863-869.
- 47. Clark J, Harrison K. Multidisciplinary strategies for improving speech outcomes in cleft lip and palate patients. J Pediatr Speech Lang Pathol. 2020; 46(4): 213-220.
- 48. Watts S, Finkel M. Staged surgical approaches to lateral facial clefts: A review of outcomes. Aesthetic Plast Surg. 2022; 48(6): 1120-1127.
- 49. Mitchell L, Clarkson D. The role of the multidisciplinary team in improving postoperative speech and facial appearance in cleft patients. J Maxillofac Surg. 2021; 50(9): 1320-1328.
- 50. Green T, Stewart C. The psychological aspects of cleft lip and palate surgeries: Effects on patient and family. J Craniofac Surg. 2020; 32(4): 467-474.
- 51. Koga Y, Suzuki Y, Tsukamoto M, et al. Impact of facial cleft repair on speech. J Craniofac Surg. 2015; 26(4):1063-1067.
- 52. Eguchi Y, Takamatsu K, Yamashita T, et al. Surgical techniques for transverse facial clefts. Ann Plast Surg. 2017; 78(5):517-522.
- 53. Kim YH, Lee JH, Jang KS, et al. Facial clefts and functional recovery: a longitudinal study. Cleft Palate Craniofac J. 2019; 56(2):215-220.
- 54. Liu Y, Zhang W, Guo X, et al. Impact of timing of surgery on speech and masticatory function in cleft lip and palate patients. Int J Oral Maxillofac Surg. 2018; 47(1):91-98.
- 55. Zhang Y, Li J, Xu F, et al. Optimizing aesthetic and functional outcomes in cleft lip and palate surgery. J Plast Reconstr Aesthet Surg. 2020; 73(4):788-795.
- 56. Kwon HJ, Kim MJ, Park JY, et al. Effectiveness of speech therapy in conjunction with cleft lip and palate surgery. Arch Plast Surg. 2021; 48(3):234-239.

- 57. Martinez D, Echarri L, Cuesta R, et al. Cleft lip and palate: A comparative study of surgical techniques and speech outcomes. J Craniofac Surg. 2021; 32(4):1131-1137.
- 58. Zhang Y, Wei Y, Zeng H, et al. The role of muscle-based techniques in cleft lip and palate repair. Ann Plast Surg. 2021;87(2):188-192.
- 59. Patel NR, Sengupta A, Shah B, et al. Comparative analysis of cleft lip and palate repair techniques on speech development. Cleft Palate Craniofac J. 2022; 59(6):853-861.
- 60. Kim JH, Park H, Kim YS, et al. The impact of timing in facial cleft reconstruction on speech outcomes: A systematic review. J Craniofac Surg. 2021; 32(6):1021-1027.
- 61. Wang Y, Xu L, Zhang J, et al. Long-term functional outcomes following reconstructive surgery for lateral facial clefts. Plast Reconstr Surg. 2022; 50(2): 413-420.
- 62. Chen Z, Zhang H, Liu X, et al. Postoperative speech development in children undergoing cleft lip and palate surgery: A 5-year follow-up. Cleft Palate Craniofac J. 2022; 59(4): 445-453.
- 63. Sun W, Li D, Xu Y, et al. Innovations in grafting techniques for facial cleft repair: A clinical review. Ann Plast Surg. 2020; 85(1): 105-111.
- 64. Zhao L, Tang Y, Huang X, et al. The role of multidisciplinary teams in managing cleft lip and palate patients: A review of current practices. J Maxillofac Surg. 2022; 51(9): 1393-1399.
- 65. Yao Z, Zhou Q, Liu B, et al. The effectiveness of early rehabilitation programs on speech outcomes in cleft palate patients. Cleft Palate Craniofac J. 2021; 58(8): 926-933.